

SWV PAIN REVIEW ADVICE AND GUIDANCE TO MANAGE YOUR PAIN



We know pain can seriously affect your ability to lead an independent life. That's why SWV offers UK veterans free one-to-one consultations with a qualified pain consultant.

The 45-minute online consultation will review how you currently manage your pain, including your medication, and offer advice and/or guidance as to where you could seek further support.

WHO CAN ATTEND A CONSULTATION?

- Former UK Armed Forces Service Personnel
- Regular and Reserve service
- Suffering with chronic pain

WHAT CAN I EXPECT?

- A team that understands veterans and the types of pain and injuries you may have
- 45-minute online, confidential conversation with a qualified pain consultant
- Opportunity to discuss your pain management history and ask questions about your medication
- Post-consultation follow-up letter which you can take to your GP
- Where appropriate, recommendations to other SWV pain management pathways

THE TEAM



Dr Dominic Aldington BSc (Hons) MBBS FRCA FFPMRCA

Consultant Pain Medicine. Dr Aldington served 30 years in the British Army, both Reserve (HAC) and Regular (RAMC) becoming the SME in Pain.



Martin Beaney

Pain Programme Coordinator. Martin served with the Royal Green Jackets/Rifles for over 20 years and was injured in Iraq. He understands the pain pathway and the complications this can bring.

"The Pain Review was hugely beneficial to get expert input. The advice to my GP regarding my prescription medication was very helpful and it was good for me to better understand the pain cycle and its impact."

Veteran



BOOK YOUR FREE PAIN REVIEW

Complete the application form:

<http://www.supportingwoundedveterans.com/painclinicapplication>

Email Martin:

martinb@supportingwoundedveterans.com

Call Martin on: 07990 552718

All you need is proof of service to apply.

Registered Charity No. 1149727